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Secrets of

Flirting

*The things everyone wishes they knew!*

Flirting...

I think it's safe to say that there would be no you or me without a little bit of flirting going on in the world. Unfortunately, this isn't a world where you can walk up to someone and say, "I like you. Let's be a couple."

Wait! What am I saying?! I meant **FORTUNATELY**. Who would want to live in such a boring world? We'd miss out on the thrill of the chase, that awkward feeling of not knowing what will happen next, and yes, sometimes a little bit of heartbreak.

If you read any brain biology book, they will tell you that there really is no other reason our brains are so huge (compared to our size) except for mating. We make music. We create art. We get rich. We preen and beautify ourselves silly and for what? To get access to better mates. Basically, just about everything we do and say has this underlying genetic goal to find the perfect mate.

So why all the fuss? Why can't we just do it caveman style and grab the person we want and carry them off on our shoulders? Because that hot little cave man or woman desires to be won.

That's right. You need to win the person you're interested in.

## **PLAYING GAMES**

Before we take one step further, it is imperative to remind you that the entire process of attraction, seduction, building comfort, relationships, marriage and beyond is all a game. That's important so I'll let you read it twice. Dating and relationships is all a game!

I can hear some of you groaning from all over the world. You are sick of games. You want what you want and you want it now with no playing, no tactics, no manipulation. Gimmie gimmie... I hate to say this, but if this is where you are coming from, you have already lost. You are now stuck picking from all the others who have given up and are willing to settle for something.

Imagine being in a relationship with a guy or girl who isn't really passionate about anything (especially not you). They don't care about their appearance. They have no desire to make you feel wanted. Even the sex is awkward and lousy.

Tired of playing games? Good luck with your underwhelming life!

## TIME TO PLAY

I hope you now understand how important it is to play. In fact, the people who get the best relationships are great at playing the game. They are dynamic and attractive regardless of their looks. You are **drawn** to these kinds of people. You wanna be these people.

So I suppose the question in your mind is, “How?”

This leads us to the first and most important aspect of flirting:

## TIP #1: Be Playful

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Wouldn't it be great if some hottie sees you from across the club, walks up and makes you laugh with all of his impressive charm. The next day, he takes you skydiving and then snorkeling and then whisks you away to so private island to watch the sunset.

How did you feel when I said skydiving or snorkeling? Did it get you excited or did it make you cringe? If you got excited, you are already ready to meet dynamic people. If you said, “that is definitely not me,” then you should get ready to date one of the leftovers that I mentioned earlier.

We all want some more fun in our lives. However, if there is an entire laundry list of things you won't do, the ability to be equally dynamic and spontaneous

becomes less and less. If you can't slap your shoes on at a moment's notice and go do something great, then you also limit the kinds of people you can date.

So what if you can't do things because of fear? Fear is a very real thing and there could be any number of reasons why you can do something. But have you ever asked yourself why? I'm not talking about the reason either. Sure, you could be afraid of heights because your whole family fell off a cliff, *but why should that limit your life?*

You have made it relatively safely thus far in life and you might even be able to attribute that to your fears. Are you really living if you live in fear? If you have an issue with fear, social phobia, or limitations, then is time you check out [Panic Away](#). This book is about flirting so I won't dwell on it, but if there is really something that prevents you from spontaneity, get that fixed ASAP!

## TIP #2: Eye Contact

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So much of flirting is created with the eyes. Basically, if no one sees each other, then no one acknowledges each other. No flirting can possibly happen. You absolutely must make eye contact. That's pretty obvious, so it can't really be considered a "secret." And I'm not gonna rip you off (even though this is a free report) by feeding you the same garbage you can find all over the internet.

The secret I want to let you in on is the "Eye Flash." You are going to need a mirror for this one. Go to a mirror and stare into your eyes. The technique is to push your eyes out slightly. We're not trying to bug out our eyes or make it look like we have to go to the bathroom. All you are doing is making your eyes bigger for just a quick second.

It should be subtle and something no one else can notice except for the person you are flashing.

If you can't flash by pushing, you can also do it by opening your eyelids a little wider for a quick second. There is a reason we are doing this in the mirror because it's very easy to look weird if you do this incorrectly, but when you get it just perfect, it says a million things all in that moment.

Play around with this until you think you found the perfect flash and then practice it whenever you pass a mirror. How will you know? By taking it out in public and trying a few eye flashes, of course.

You will be amazed how well this works!

## TIP #3: Never break eye contact first

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This has got to be one of the most difficult things to master because it really takes some effort. There are a billion things jetting through your mind when you essentially stare someone down like this. The top one is fear of being aggressive or fear of harm.

If you're somewhere and someone won't quit looking at you, it makes your mind race. If it's someone of the opposite sex, they might come off as creepy or as a stalker. If it's someone of the same sex, there might be a fight about to happen.

It's only natural for us to not want to stare because it creates tension and tension is bad.

Let me be the first to tell you **tension is good!**

Obviously, don't stare down anyone who looks like they can stomp you into pudding, but when it comes to that cutie over there, you want to make them squirm just a little. Why? Because no one ever does this! What makes you so different? They will want to find out.

One major warning: the difference between seducer and stalker is very tiny. What is the difference...?

## TIP #4: Think sensual!

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What is in your mind is written all over your face. This seems like crazy talk, but almost all people can pick up on your true intentions if they pay attention.

This is another mirror exercise. Go to the mirror and look at yourself. I want you to think about some seriously sexual thoughts. Go as wild or weird as you can. If you're having problems with this, simply stare at yourself and think, "I'm gonna tear your clothes off." Take notice of the "edge" you have in this glare. Kinda creepy, huh?

Now think, "I wanna get to know you." Or maybe, "I want to make you so happy." Or even, "I wanna paint your toenails."

Did you see it?

Something changed in the way you looked. It took all of the creep-factor out of your glance.

Let me give you a practical example. A few years ago, my brother and I went on vacation to Thailand. While in Bangkok, I asked him why so many women had bandages on their necks. He explained that they weren't women. It was a surgery to remove the Adam's apple as part of a sex-change operation. This was an eye opener for me. I couldn't stop staring. So many of the transsexuals looked pretty normal as women. There are some pretty good surgeons in Thailand...

Since I am the dating guy it really made me wonder how this affected the entire dating situation in Thailand. If the guys looked so natural as women, how could you really tell? My answer came one night as we were sitting on the patio of a restaurant. Crowd of people shuffled by. It was a great people watching location.

This group of girls walked by and one looked over at me. It was the “I want to tear your clothes off” look. I knew immediately that she used to be a guy because that is the way guys often stare at women.

That should be reason enough to soften your approach when you are putting thoughts into your mind as you look at your target. It might seem like metaphysical hoohaa when I give you this secret, but the message you send out to people is something they can feel if they are in tune with themselves enough.

## TIP #5: Be approachable

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This one might seem like it's so obvious that it isn't really a "secret" but so many people get this wrong that it has to be mentioned.

Take a look at yourself. How do you present yourself so it broadcasts you are someone lovable and that others should talk to? Your hygiene, your clothes, your style, your look... What is this saying to the world? You got the eye thing down. You got the mindset down. Now it's time to take care of all the other obvious stuff. Good hygiene, clean clothes, no scowls, all of this contributes to the package deal of your seduction.

What about the opposite end of the spectrum? People in the alternative culture. Some people go out of their way to look menacing and that's pretty cool. This is definitely where your mindset and a tiny smile on your face will speak volumes and help you flirt.

Hold on a second... A smile! Nothing works better when flirting than a simple smile. It can be a knowing smile, a sly smile, or a genuinely happy smile. People with a smile on their face are universally approachable. You can flirt all you want, but if you don't throw in this major signal, you never give your "target" permission to flirt back.

There is a whole lot of unfounded fear in this world. You can cut through all of the rest of it by just sending out body language that you are if not interested, at least you are nice.

What about your iPod? That has killed opportunities to flirt for millions of music fans. If you can't hear him, he can't come up and talk to you. Sunglasses cover up the eye flirt. Large hats hide your face... What other ways are you preventing a decent flirt?

## TIP #6: Deserve it

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This is the hidden secret to **everything!** Once you figure out how you deserve some fun, flirty goodness, *you own it!* You definitely can't miss out on this step. Of course, there is the shy-flirt where you act all coy and hide your face behind things (this is always a great way to flirt), but when you understand your own value, you will actually have an effect on your intended target.

Confidence is sexy! Confident, well-rounded, quality people are attracted to confidence. Any time you can flirt with a little backbone, you will flirt more effectively.

Don't feel like you deserve an awesome mate and a great love? The awesome thing about confidence is that you can "fake it til you make it." Force yourself to act confidently and then discover that you survived and cool things actually happened. The next time won't be so difficult.

After you "fake it" a few times, you start to understand and enjoy this new part of you.

Most people get into trouble with relationships because they don't feel that they deserve love. Once you get this fundamental truth, then a-holes and sociopaths can never worm their way back into your life.

## PUT IT ALL TOGETHER

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Obviously, there are tons of ways to flirt. Here are six of the best secrets on where to start. Some of these are things you can do right away. Others require a little bit of self-reflection and will bring your flirting game to unimaginable heights.

For more amazing insights on flirting, I recommend two great books. The first one is actually free! It comes as a bonus book with [\*\*The Art of Irresistible: How to Seduce a Man and Captivate Him Forever\*\*](#). It's called **Flirting Body Language** and it tells you all those really hidden secrets on becoming a flirting diva!

If you are looking for a full-sized book with nothing but flirting tips, you need to check out Mimi Tanner's [Secrets of Flirting with Men](#). This is some crazy ninja love stuff and probably should be outlawed...

If you are a guy and need some awesome advice on flirting with women, there is no better source than [Flirt Mastery: How to Flirt and Create Hypnotic Conversations with Women](#). Trust me, this one is worth every single penny...

## FINAL THOUGHTS

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More than anything, I need to stress that you are dealing with other human beings. If you can figure out how to always make things fun for the person you are flirting with, then to put it plainly, you are in. When flirting, pay attention to how they are reacting. If they're not enjoying your attention, excuse yourself and walk away.

Flirting is about tension and mystery. You make much more of an impression by showing up flirty and then leaving quickly than you will by sticking around until you run out of material and things get awkward.

Beyond that, this should be ridiculously fun for you. When you get in the zone and really get into "the vibe" with someone cute, it really will make you feel invincible!

Get out there and flirt, Flirt, FLIRT!

~[Roberto Hogue](#) 2010

## OTHER GREAT RESOURCES

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[Dating and Relationship Advice for Women](#)

[The Art of Irresistible](#)

[Psychological Warfare](#)