

**The following is an excerpt
from the book:**

The Art of Irresistible

How to Seduce a Man
And Captivate Him Forever

Roberto Hogue



Lost in Temptation Publications

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20150007033

THE “I’M IN LOVE” FREAK OUT

Here is something that people universally get wrong. If you think about it, it makes perfect sense. Have you ever been in a relationship and out of the blue your guy stops you and says, “We need a little time apart.” This can take the form of any number of weasel phrases, but the message is clear. He wants to back away from the relationship in some way or another. A woman often blows this by thinking this means he doesn’t want her. She takes this personally.

She couldn’t be more wrong. Why would a guy blow a chance at such a great girl? It has nothing to do with him and everything to do with his **freedom**. He’s not intimidated by you. He didn’t all of the sudden notice your ugly feet and had to scatter. The moment he pushes you away is the moment he feels the closest to you. Emotions are brutal even for the most sensitive crybaby of a guy. We aren’t very well equipped to handle the extremities and complications of love. We then proceed to blow our bad-boy gaskets and you’re left there thinking, “Everything was going so well. What just happened here?”

This happens over and over in any great relationship and only the way **you** handle it will dictate if you get what you want or not.

The typical response is either sadness or anger. You might have a chance if you just stay with sadness and not say anything you don’t mean. Unfortunately, anger usually takes over and within a short time; this great relationship gets crushed under bad words and misinterpretations.

STEP BACK, RELAX

There is a way to handle this where you still maintain control and, once again, prove how freaking awesome you are. It’s so easy, yet so hard too. Actually if you’ve seen this happen a few times before, you can see when he gets overwhelmed with emotions and you just know this is coming. Just say, “*No problem, Sweetness. Go on your journey. I’m here for you, but can promise you that I’m not going to wait forever.*”

Holy sh*t!

No one has ever said that to him when he tried to pull this maneuver in the past! “This girl is amazing! She knows that I’m not being a baby or weak or stupid. I just need a little time to get used to this whole *love thing*.”

The true test is then to back away gracefully and wait. Give it a week or so, but dammit, don’t waste that week sitting next to the phone wondering if he’ll call. Get out and take care of business. Clean your house. Work your job like crazy. Get out with friends and have a blast. Do NOT answer the next time he calls you. Let his first call back to you be on an answering machine UNLESS he calls when you are out having fun with your friends. This is an ideal situation. If this does happen all you have to do is say, “Honey! (or whatever silly name you have for him) I was just thinking about you this morning. I’m out with [friend’s name] at [location]. Come find us.”

Don’t answer the phone? Now who’s doing the manipulating? Seriously! The reason for not answering your phone is because now he has to confess his stupidity and deepest love for you to your answering machine. Now you will have something to play at your wedding. I promise!

NOTHING HAPPENED

OK, so he calls when you aren’t out being social, you still have to prove you’re doing just fine and you’re still the interesting girl he’s so scared of losing. Hopefully in your waiting period, you have bothered to plan something to do. Have something that you can go do at a moment’s notice for the next week or two. The purpose of this is you are about to go do something fun and he should come along. “Hey there! I’m heading out to see some rollerderby. Wanna meet me over there?” What you are communicating here is that you are not the girl who is tearing her hair out in anguish since he pulled his vanishing act. If he’s calling back to say he’s sorry, you have shown him that you’ll be OK no matter what. On one hand this shows that you have the capacity to be “home” for him (a really great one at that). On the other, he better stay on his toes if he wants to keep you around.

You’re going to want to yappity yap on the phone and tell him how much you missed him. Less is more. Invite him to something that you’ve **already planned to do**. This works the best if he doesn’t even get a chance to talk and you’re off the phone.

Do both of you a favor and don't talk about it EVER. Now you know what he's really trying to say, be flattered that you are so lovable it makes a grown man mess his pants. Invite him back into your life with no restrictions or trial periods and live happily ever after.

So what did he do on his time away? Some guys don't do anything but drink and think. Some guys call all their old girlfriends and try to rustle up some action to see if they still got it. Some guys **actually** rustle up some action. I'm not saying this to freak you out. You need to be aware of what a man is thinking of in these "emotional" times. In a weird moment right before he flew the coop, he figure out, quite innocently mind you, **that he actually LOVES you**. It made him mess his diapers and jump ship immediately. He wasn't fleeing you or anything you did. He was fleeing HIM. This week or two was spent wrestling with his emotions trying to convince himself that he doesn't actually fall in love as his heart sat there like a calm little Buddha repeating over and over, "You're in love, Monkeyboy."

Don't get too enchanted here. It's also possible that feelings are way too scary. Sometimes your guy never comes back. This is way more possible the younger he is. There are dudes out there who don't deal with their emotions ever and he actually might be mad at you for making him *feel anything*. But you would have probably seen tons of warning signs against this kind of guy. What the hell are you doing with such a jerk in the first place? I know, love happens...

In your cooling off period, you will be tortured to call him every waking minute. You think that your only option is to tell him how much you love him and that will get him back. **DON'T DO IT FOR THE LOVE OF ALL THAT IS HOLY!** Don't do it. Please, don't do it. Has this method ever worked for you in the past? You have a man dealing with losing his freedom and your gentle words of worship are adding more bars to his imagined cell. Be cool and relax. This is one of those situations in the beginning of a relationship where you are totally powerless. Your guy has to deal with his problems and no amount of your nice words or your tears or your chocolate chip cookies are going to help him out of this problem. No phone calls, no emails. Do NOT do it!

Thanks for checking it out!

I hope you enjoyed just one small snippet from my book, [The Art of Irresistible](#). This came from the section on how to create a permanent attraction in a man and it's a pretty good representation of the kind of advice you can expect in my books.

If you liked what you read here, please feel free to purchase the whole book directly from my website.

[Click here to go to the order page.](#)

If you still need convincing check out my website, **[The Art of Irresistible.](#)**

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[Commitmentphobic](#) (coming soon)